From the Supervisor

By Nick Carter
Town Supervisor

The calendar is moving into autumn, which means cooler temperatures and changing from summer green to fall colors. For town governments, it means budget season. Like a household budget, there are many details that need to be reviewed and hard choices to me made. I have prepared the 2019 tentative budget and will present it to the Town Clerk by the end of September. She will forward it to the full Board for their input and revisions. The preliminary budget is then put to a Public Hearing the first Thursday following the November 6 Election Day. Following the hearing, the Board completes a final review and adopts the 2019 budget.

It has been a busy summer, starting with a successful summer pool season. Numbers were very impressive, with 2,500 people using the pool and 100 children participating in our swim program. Thank you, Cullen and Jaki, for your excellent work all summer long. At long last, ground was broken on the Standish Water District water upgrade. The plan is to be in operation by year end.

Throughout the year, the Board and Supervisor have been working with state and local agencies pursuing grant funding for several programs and projects the Town is working on. With thanks to Assemblyman Billy Jones, the Pickett’s Corners Park Master Plan Committee has completed the required documents for a $125,000.00 grant through New York Dormitory Authority, to continue developing the Pickett’s Corners Park Master Plan. We are waiting on the results of our request to Bridge New York for funding for Square Dashnaw Bridge. We are also waiting on the results of our request for funding for a Salt Storage Shed. Thank you to Laura Lacey Curier of Rural Preservation Company (RPC) for taking the lead on securing a grant for low income homeowner repairs/improvement.

As the residents of Cold Brook Road in Riverview know, New York State Department of Transportation has closed the steel deck bridge over Cold Brook, near the corner of River Road and Cold Brook Road. This has required those living along Cold Brook Road to detour 12 miles up Cold Brook Road, across the Standish Road to True Brook Road, to get back to Route 3. The County Highway Department is in the process of replacing a Bridge on Standish Road in High Banks. The only good news is the County Highway should be done by the end of October, weather permitting. Cold Brook Bridge is scheduled to be replaced next spring.

Finally, I want to thank all of our hard-working Town employees who are the backbone of our Town Government; those who, day in and day out, do what needs doing. Thank you all for your good work. As with any job, we all have our good days and not so good days, but it is the dedication to your work that keeps our roads clear in the winter and repaired in the summer, keep our grass mowed and sports fields ready for play, the pool clean, not to mention grants submitted, water systems tested, payrolls met, bills paid, and Court fines collected. Thank You, Thank You, Thank You. As always, I am at the office Monday – Friday, 7:00 am until 11:30 am, call 518-293-6666, extension 1, or e-mail supervisor@townofsaranac.com. Enjoy our Adirondack Fall Season.
The Foppert Farm

By Emily Foppert
The Foppert Farm

Let Me Introduce Myself
My husband, John Foppert, and I met in North Carolina while attending college. John decided he wanted to go to a school more focused on forestry and transferred to Paul Smith’s College where, after graduation, he worked locally as a logger. I remained behind, where I continued my degree in Biology while working on the school farm with pig and cow herds. I then relocated to the Adirondacks to join John and worked as a North Country School Farm Intern for one year.

Former Durocher Farm
After a few more years of living in the area and traveling about, we eventually found our current farm, thanks to Joe Orefice, the former Durocher farm, 30 open acres and 260 wooded acres. We are a pasture-based farm. All our animals are out on grass and rotated to fresh ground, as needed. We try our best to give our laying hens and pigs alternatives to conventional feeds, such as wild apples and discarded produce.

Misfit Herd of Cattle and More
We, along with our two boys Edwin (now 6) and Seth (now 4) moved to Durocher Road in June 2015 and immediately planted an orchard, bought pigs and chickens and started cutting wood. We now have a third child, Anna (18 months), and a small herd of misfit cattle, a batch of pigs, laying hens and ducks, as well as many frozen meat chickens.

The Foppert Farm
We sell meat by the whole, half, and quarter. We love having visitors come to see us at the end of our dead end road. The best way to reach us is by phone at 518-293-7297 or through our Facebook Page, The Foppert Farm. Please contact us for prices. We hope to hear from you soon!
HILL AND HOLLOW MUSIC
UPCOMING EVENTS

NEW YORK POLYPHONY
Sunday, October 28
3:00 pm
Church of the Assumption in Redford
(78 Clinton Street, Redford, NY 12978)

Praised for a “rich, natural sound that’s larger and more complex than the sum of its parts,” (National Public Radio) New York Polyphony is one of the foremost vocal chamber ensembles active today. The four men, “singers of superb musicianship and vocal allure,” (The New Yorker) give vibrant, modern voice to repertoire ranging from Gregorian chant to cutting-edge compositions. “It was extraordinary how the past and present blurred. The new sounded old, and the old sounded strikingly fresh and immediate” (The Denver Post). Their dedication to innovative programming, as well as a focus on rare and rediscovered Renaissance and medieval works, has not only earned New York Polyphony two GRAMMY nominations and wide acclaim, but also helped to move early music into the classical mainstream. Program TBA. Suggested donation $15 at the door.

Arturo Delmoni, violin
with Li-Pi Hsieh, piano
Sunday, November 18
3:00 pm
Saranac Methodist Church on Route 3
in Saranac, NY

One of the most celebrated violinists of his generation, whose stylish, elegant interpretations of classical masterpieces have earned him critical acclaim in the US and abroad, Delmoni’s distinctive playing embodies the romantic warmth that was the special province of the great virtuosi of the golden age of violin playing. Glenn Dicterow, long time concertmaster of the NY Philharmonic, says, “Delmoni’s playing goes right to the heart, and his charisma is irresistible.” He has been soloist with major orchestras throughout the country including those of St. Louis, Dallas, Los Angeles, and Kansas City, and is a frequent soloist in Boston with the Boston Pops, the Pro Arte Chamber Orchestra, and the Boston Philharmonic. After a recent performance of the Beethoven Concerto a critic wrote, “In this day of cookie-cutter playing – all flash but little substance – Delmoni’s performance was a ray of sunshine – a personal and beautiful statement, expertly executed, of history’s greatest violin concerto.” He has given recitals throughout the US, as well as Japan and Hong Kong. For three months of the year he holds the distinguished position of concertmaster of the NYC Ballet. His program will include works by Vivaldi, Mozart, Grieg, Kreisler, Wieniawski, and “Hexapoda,” a delightful suite of jazzy pieces by Robert Russell Bennett. Suggested donation $15 at the door.
What’s in Your Yard?

By Jan Couture
Registered NYS Historian

I had an interesting meeting in June with Pete Sorrell. He enjoys finding metal treasures in people’s yards! He stopped by with his metal detector and scanned a good portion of our front and back yards. Pete did not disturb the lawn with holes or anything that left a mark. You could never tell someone had been doing some digging around.

Besides looking for old metal objects, he can also locate anything containing metal, such as wells and pipes. You can also ask him to help locate that ring you lost in the grass last week.

In August, I presented the Lincoln’s Avengers program to the residents of Lake Forest. People are eager to learn the ‘rest of the story’ about the men who captured John Wilkes Booth. In that same vein, I spent an enjoyable day with the descendants of Louis Savage. Louis Savage led a rather tragic life before, during, and after the Civil War. He was widowed at died in his 40’s and left at least 4 children all under 10.

New Emergency Home Repair Fund

By Laura Lacey Curler
Executive Director
Rural Preservation Company
Karen Racette
Site Manager
Saranac Valley Housing

Funding Applications

We have been busy working on the Town of Saranac Community Development Block Grant (CDBG), armed with information Supervisor Nick Carter and I gained from an exit conference with NYS to improve this year’s application. Jenny has been contacting last year’s applicants to qualify them for this year’s application. Other funding applications we are working on: Access to Home for accessibility issues and another (Residential Emergency Services to Offer (Home) Repairs to the Elderly (RESTORE) application. We continue to take qualified contractor applications for the rehabilitation work we will be performing once any funding is approved.

Emergency Home Repair Fund

RPC has developed an Emergency Home Repair Fund to be available to low income households (in our service are) that require an unaffordable, immediate fix to a home issue, such as frozen pipes, plumbing or electrical problems. The monies available will cap at $300 per income-eligible household. This type of funding has proven extremely helpful to other Rural Preservation Companies and homeowners in their service area, especially when there are no grant funds available.

Donations Accepted

As Christmas season approaches, and with it the joy of giving, RPC hopes you will consider a donation to the Emergency Home Repair Fund (EHRF). RPC will graciously accept your tax-deductible donation of any amount. EHRF is truly a neighbor-helping-neighbor project. The need for community support is great. Please contact the office for more information at 48 Ganong Dr., Suite 1, Saranac, NY 12981, by phone at (518) 293-7569, or email laura@clintonrpc.org

Like Us On Facebook

To keep updated on Rural Preservation’s upcoming funding applications and the newly formed Emergency Home Repair Funding program, please like us on our Facebook group page Rural Preservation Company of Clinton County (RPC). Happy Holidays!
News From The New Land Trust

www.newlandtrust.org or follow NLT on Facebook

The New Land Trust, 287 acres and over 28 trails dedicated to developing and sustaining the health of the environment and the enjoyment of the public, is located at 236 Plumadore Road Saranac, NY.

You need not be a member to enjoy a picnic, walk, run, snowshoe, cross country ski, or bird watch. NLT is open from dawn to dusk.

After Dark Policy:

For night visiting or overnight outdoor camping, contact Hal Moore 518-570-5375
No camping allowed in the Clubhouse

911 Address Signs

Available from your local Fire Department

Stop by Monday evenings, between 6:00 and 8:00 pm to complete paperwork

You may also call 518-293-8290 to place an order over the phone

The cost for a sign is $15

October 2018

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Saranac Book Club

By Gina Doty
Saranac Book Club


Meetings are held at the Saranac High School Library the third Wednesday of the month from 7:00 pm - 9:00 pm.

Our first meeting of the school year will be Wednesday, September 19th. We will discuss the book, Wild Fire, by Nelson DeMille.

If you would like to join our group, or you have questions, please contact Gina Doty at dotygl@charter.net or phone 518-293-1355. We welcome new members to our group.

By Nancy Dow
Town Crier Editor

My husband, Bruce Kilgore, and I invite you to our Fall Open House at Ravenwood. We built our homestead by means of cordwood construction, a wall-building system in which short logs are laid transversely and supported by an insulated mortar matrix where, with end-grain exposed, they “breathe”, greatly reducing deterioration.

If you are able to attend, you will see three cordwood buildings, including our home of double wall construction - a thermally-efficient wall system made from interior and exterior walls separated by a fully-insulated cavity, partially earth-sheltered, built using lime putty mortar, and heated by means of passive solar windows and a masonry stove, along with a guest house, and storage building. Our newest building, a sauna and outdoor kitchen, is almost done.

All structures are timber-framed with living roofs. We live off-the-grid with photovoltaic panels and a 1-kWh wind turbine electric systems. You will also see humanure toilets, an earthen oven, tempering tank, warming bench, plunge pool, chopsaw, and more!

Where: 442 Nashville Road Saranac, NY 12981

When: Saturday, October 6 10:00 am - 6:00 pm

Leave one to two hours for a complete guided tour. Call 518-492-7064 for more information.

A huge “THANK YOU” from Oregano Flats, Windy Hill Farm, Staley’s Maple, and Trombley’s Custom Wood Products to everyone who came out to support the Saranac Green Market this year!

Find us on Facebook at Ravenwood Cordwood Homestead
Stone Walls: A Signature of Rural New York

By Nancy Dow  
Town Crier Editor

New England’s Famous Stone Walls

According to Robert Thorson, author of Stone by Stone, during the earliest years on farmsteads, stone was often heaped into piles, dumped in swamps, or stacked on ledges. Most of the stones moved were ‘two-handers’, meaning both hands were required to lift them. ‘One-handers’ were usually ignored because they didn’t interfere with the manually operated technology of the day (scythes, shovels, forks). In addition, conventional wisdom held that small stones helped make soil more fertile. Stone piles in the middle of pastures and fields were common the first few decades of farming; many still exist in the woods. After a generation or two, the edges of fields became the dumping ground of choice because the swath of land on either side of the fence had already been taken out of production.

At first, the stone was merely dumped in the weedy corridor. Eventually, so much stone accumulated that it was best managed by stacking it crudely, in order to conserve field space. This is often called a tossed wall, in contrast to one that was fitted together, or laid. As they lengthened, individual segments of tossed wall would merge, until entire fields were enclosed by a rough rim of stone.

Dry Wall as an Art

If you travel the Nashville Road in Saranac, from Chazy Lake Road to Pickett’s Corners Road, near a well-known “S” curve you will happen upon numerous stone wall statuaries, deliberately designed and constructed. The architect, Agnes Hildebrandt Cornelius, refers to her method of building as “folding”, placing round stones in the middle and flat outside, one over two – two over one, without the benefit of mortar.

Moved to Saranac at age 17

In 1969, as a teenager, Agnes and her family moved from California to relocate in Saranac. Her father, Walter Hildebrandt, served twenty years in the United States Marine Corps and, upon retiring, purchased the Nashville Road thirty-acre homestead, first owned and built by Mathew Ryan in 1864, and began work at the Plattsburgh Air Force Base in Supply Surplus. Agnes married Gary Cornelius and they raised their three daughters while serving in the United States Navy. In 1992, Gary retired and they returned to the area, living in Dannemora and later moving into her childhood home as her parents were aging. Agnes, referred to as Minga to her grandchildren, recently retired from a career as a Pediatric Nurse, giving her all the more time to focus on her passions.

Original Statuary

Agnes says much of her farmstead once consisted of wheat fields; among them was found a large circle of stone, approximately eight feet in height and twenty feet in diameter, along with extensive walls, up to sixteen-feet wide. In 1987, Agnes began her passion of working with stone by rebuilding the existing stone walls.

In 1997, Agnes turned her attention to the front part of her property to build her first stone statuary, a tribute to Mother Theresa. Using nothing more than a fifteen-pound pinch bar and her own human power, Agnes filled buckets with stones from the stone circle, carrying them to the area along the roadside and started construction.

In 2000, Agnes built a long wall, parallel to the road, for her mother, Virginia. She later busted it up and began sections that are present today. When she depleted her stone circle, the Wright family gave her permission to use stones from a stone circle located beyond her back property line.

As a side note, if you have hiked the New Land Trust and discovered the Hobbit House, it is very similar to what Agnes describes as the stone circle on her property.

A Jigsaw Puzzle

Mother Nature, in the form of Hurricane Floyd in 1998, Hurricane Irene in 2011, and frost heaves upset her walls, but this doesn’t trouble Agnes. She thinks of this as a natural progression in her stone jigsaw puzzles: erect a statuary, observe how it moves and changes over time, and when it falls apart, tear it down and start again. When asked if this is hard on her back, Agnes replies, “No, but I’ve had to replace both of my knees!” Agnes suggests beginners shouldn’t look at the project all at once – just look at one stone at a time. The hardest part, according to Agnes, is the bottom. She explains, “You must go down before you go up; otherwise, the wall falls down. The “big guys” form the base, and stones get smaller as you build up. I call them “chinkers” because of the sound they make when being placed.” Her newest project is underway using a recycled refrigerator to form a grotto.
I think there is a beauty in the world that is mostly unseen, for we are so busy doing all that is hard and self-serving, we speed through our lives missing the beauty that is all around us. The natural world is torn down daily and never replaced. We buy Belle Land to sell ourselves not knowing the connection and community of life that lived here. STOP and in the silence of taking HEAR COMPLANT.
Successful Summer Reading Program

Although final numbers are being tabulated, early counts are impressive for attendance and total books read at the Summer Reading Program at Dannemora Free Library.

Regular Monday sessions and repeated Wednesday sessions for the Tree House summer program averaged eleven young people per offering.

The final numbers will be announced in the next issue of the Town Crier, as well as on the library’s electronic sign.

The Storywalk continued to offer a Walk-and-Read experience. Have you enjoyed the titles?

Book Club Meets First Tuesday of the Month, 7:00 pm

Little Fires Everywhere by Cynthia Ng is the book choice for September’s Book Club discussion.

The Great Reckoning by Louise Penney will be discussed on October 2.

The Library Book Club meets the first Tuesday of each month. New members or guests are always welcome!

Presentations for the Third Thursday of the Month, 6:00 pm

Thursday evening Coffee, Chocolate, and Chat offerings for fall and winter are being planned. If you have an interest in a current how-to or information presentation, feel free to stop by the library and ask about it.

In addition, if you have a talent or expertise you are willing to share, again stop by and discuss the possibility of offering an evening chat.

With the new school year under way, please remember the library’s WiFi availability, as well as items which might be helpful at the maker space.
NEWS FROM TOWN CLERK
Mary Bell

- Notary Public
At no cost, Town residents may get documents notarized.

- Marriage License
Couples planning to marry may contact the Town Clerk to set up an appointment.

- Dog License Renewal
All dog license renewals are mailed at the beginning of each month. Owners have until the end of the month to pay in full. Please return the renewal by mail, or stop by the office during posted hours.

- Hunting/Fishing License
Visit Adirondack Archery to purchase hunting, fishing, and trapping licenses.

- Payment Options
Cash, check, money order, or credit cards, including American Express, Master Card, Visa, Discover, and Debit, are accepted (a small fee will apply)

Office Hours
9:00 am to 12:00 noon

Park and Pool Great Asset to Saranac

By Tracy Eggleston
Town Board

Greetings Saranac,
It is officially Fall in our calendar. The 15th of Redford has come and gone; Labor Day has come and gone, as well. A new school year has begun.

It has been a busy year. The Town Board would like to share with you what has been happening:

1. We are pleased to tell you the Highway Department paved approximately six miles of roads this summer.
Highway Superintendent Waldron exhausted the Capital Improvement line in his budget. He has asked us to fund approximately 1 more mile of road paving, if time and weather permit. The Town Board has agreed to fund that extra paving as a way to start catching up on the paving that was not completed the previous two years.

2. The new 1-Ton that was ordered has been delivered. We have an October delivery date on the new plow/dump truck. This new plow/dump truck will keep us on our schedule of buying a new plow/dump truck every three years.

3. The Park and Pool had a great year. Thank you, Cullen Coryer and Jaki Carter. Use was way up. Our pool and playground is a great asset to the youth of the Town of Saranac. The extremely hot and humid summer saw up to 125 people a day using the pool. Fitness in the Park had another successful summer.
Sports team registrations are up. The Kayaking program was well-attended; however, there was room for more kids to learn how to safely kayak. The Grant Assemblyman Billy Jones secured for the Town is moving forward. It appears, with the help of Liz Tedford, we have finished the process of the application and hope to start building in the spring. So, keep an eye on our park for future improvements.

4. After almost five years, the Standish water upgrade is finally under construction. Requirements for the treatment of water have changed since the mid 1980’s, when the last upgrade was completed. A second well will be drilled for a back-up water source. A new holding tank will be built, and problem water delivery pipes will be replaced, along with other upgrades.

Peace, Health and Wellness

By Erin Soule Tate
LMT, CIMTI, Reiki Practitioner
BellaSoule Wellness
and Steven Bell

BellaSoule Wellness, providers of in-home service, is a massage therapy health and wellness practice who works with health-conscious relaxation enthusiasts. We have a deep passion to bring peace and wellness to Saranac and the surrounding communities.

With over 16 years of professional experience, we create custom treatments for each client’s individual healing needs.

We also create natural body products and have a host of spiritual and decorative items available, as well. Some of the techniques we offer include:

- Swedish Massage
- Deep Tissue Massage
- Hot Stone Massage
- Pre/Post Natal Massage
- Reflexology
- Spa Body Treatments
- Reiki
- Infant Massage

Therapy Instruction

You can make appointments for in-home services the following ways:

Call/text 518-569-7901

Email: bellasoulewellness@gmail.com

Message BellaSoule Wellness on Facebook.

You can find us online at www.Bellasoulewellness.com

Follow us on Facebook www.facebook.com/bellasoulewellness for updates and monthly or seasonal specials.
Hugelkultur!  

By Bea Ultee  
Master Gardener Volunteer  
Clinton County

You've probably heard of permaculture, a way to utilize self-sufficient and sustainable agricultural practices. But are you familiar with hugelkultur? Pronounced "hoo-gull-culture", in German it means "mound culture", and it's an ancient practice of covering wood with soil to create raised beds. If you're like me, and you have some downed trees or a pile of brush that you'd like to do something ecologically-prudent with, it's an excellent way to turn that wood into a fertile, raised garden bed.

What you may not know is that buried wood acts like a sponge for gathering nutrients and water for later use. As wood decomposes, it calls in help from beneficial fungi and insects, who turn your wood into a self-watering bed filled with incredibly fertile soil.

Hugelkultur imitates what happens in the forest. Because of the time it takes for wood to decompose, hugelkultur involves a little waiting and patience. If you are using newly-cut larger logs and making a really tall pile, it may be three years before decomposition is far enough along for you to plant your bed. But if you're using smaller brush, you could be planting in it by next spring. In the meantime, if there's a wet spot in your yard, you'll be giving that water something to do, besides grow mosquitoes!

Here's how: Find the perfect spot in your yard for a 3' x 6' raised bed, taking into consideration whether you will be growing sun-loving plants or shade-loving ones. Get your logs, broken or pruned branches, and wood chunks and start piling them up, larger logs and chunks on the bottom, adding smaller and smaller pieces as you go up, until all of your logs and wood debris are in a nice neat pile. Next, examine your hugel for nooks and crannies. Start filling them in with leaves, compost, manure, and soil. When you finish filling in, cover that pile with a couple of inches of straw, to hold it down. A second option in hugelkultur is to put in a sunken bed. Simply dig your site down 1' to 2', then follow the same process described above. You'll have some soil to put over your pile and it only cost you a bit of labor! A sunken hugelkultur will gather a lot more water and is very helpful in preventing erosion, so think about it on a hillside that might be compromised by a heavy rain.

Because your bed will be "working" for the first months of its existence, it's a great idea to plant a cover crop on it to help hold things in place, and to add nutrients to your soil. Next Spring, dig that cover crop right into the bed. It's said that berries love a hugelkultur, but you can plant anything you'd like, from vegetables to perennials, annuals to herbs. A hugelkultur will, of course, shrink in size by about 1/3, as decomposition takes place, leaving behind a fertile, natural soil. So, instead of hauling that brush pile to the landfill, consider making a hugelkultur.

*See Picture Page 11
Warm Days, Cool Nights.... FALL IS HERE!

By Jaki Carter and Cullen Coryer
The Rec Team

With summer behind us, there are a lot of great things that happened in our town that deserve mentioning. The pool served ~ 2,500 people over the course of the summer. Swimming lessons served over 100 kids and our new WSI, Angelique, did a great job in her first year of instructing.

Yoga in the Park was amazing. Kiddos hip-hopped and karate-chopped their way to Fitness in the Park. Our tiny humans kayaked the waters of the Saranac River, learning how to maneuver and paddle their boats.

Baseball and Softball, along with T-Ball, had amazing weather and great seasons. The Youth Commission was awarded a grant from Wal-Mart to replace some of our baseball and softball equipment. Soccer season also has come and gone, with games wrapping up by the second week of October. Time sure flies when you are having fun!

Basketball signups are available online and will be available until NOVEMBER 14. Check out townofsaranac.com for all your registration needs.

We would like to take the time to recognize those who give themselves, their time, and their experience to coach our kids. None of this happens without YOU!

Baseball:
Matt Yanulavich, Jeremy Goff, David Davidson, Jamie Gilmore

Softball:
Joe Liberty, Nicole Davis, Shannon Wood, Amber Liberty

T-Ball:
Jim Medeiros, John Foppert, Mary Sexton

Bantam Soccer:
Jana Wynnik, Scott Petrashe, Cody Webster

Peewee Soccer:
Hannah Newgarden, Alivia Waldron, Rob Brown, Jamie Gilmore

Mites Soccer:
Crystal Wilson, Wendy Rascoe, Amber Liberty, John Foppert

Mini Mites:
Amy Wood, Jennifer Perry

We thank you for the opportunity to do what we love: help our kids and our community to be active and involved.

As always, if you have ideas for programs or creative ways to make things happen, please contact us.
Pickleball Program Keeps Growing

FREE ADULT PICKLEBALL

Dannemora Village Office Gymnasium

Times of Play:

Monday 4:00 pm - 6:00 pm
Tuesday 11:00 am - 2:00 pm
Thursday 11:00 am - 2:00 pm
Friday 4:00 pm - 6:00 pm

Paddles and balls are provided.