

Town Officials

Assessor: Steve Petrashune

518 - 293 - 6666, ext. 6

Budget Officer: Patti LaMora

518 - 293 - 6666, ext. 2

Code Enforcement Officer:

Todd Perry

518 - 293 - 6666, ext. 5

Court Clerk:

Carol Plumadore

518 - 293 - 8082

Dog Control Officer:

Mark Plumadore

518 - 293 - 6666, ext. 8

Highway Superintendent:

James Waldron

518 - 293 - 7707

Legislator: Patty Waldron

518 - 645 - 4687

**Picketts Corners Park Manager
and Recreation Leader**

Cullen Coryer
518 - 293 - 6666, ext. 9
Pool: 519 - 293 - 7387

Program for the Elderly:

Betty Tedford

518 - 293 - 6666, ext. 4

Secretary to Supervisor:

Patti LaMora

518 - 293 - 6666, ext. 2

Tax Collector: Mark White

518 - 293 - 6427

Town Clerk: Mary Bell

518 - 293 - 6666, ext. 3

Town Council:

Gerald Delaney

518 - 569 - 7800

Tracy Eggleston

518 - 293 - 7247

Jim Facteau

518 - 570 - 8854

Michele Petrashune

518 - 726 - 0397

Town Historian: Jan Couture

518 - 293 - 8251

Town Justices:

Renee M. Drollette

Karen Waldron - Munson

518 - 293 - 8082

Town Supervisor:

Nick Carter

518 - 293 - 6666, ext. 1

The Town Crier

Saranac Town Offices, 3662 State Route 3, P.O. Box 147, Saranac, NY 12981
(518) 293 - 6666 www.townofsaranac.com

Editor, Nancy Dow, 442 Nashville Road, Saranac, NY 12981 (518) 492-7064 ndow4934@yahoo.com

FROM THE SUPERVISOR

By Nick Carter
Town Supervisor

The calendar is moving into autumn, which means cooler temperatures and changing from summer green to fall colors. For town governments, it means **budget season**. Like a household budget, there are many details that need to be reviewed and hard choices to me made. I have prepared the 2019 tentative budget and will present it to the Town Clerk by the end of September. She will forward it to the full Board for their input and revisions. The preliminary budget is then put to a Public Hearing the first Thursday following the November 6 Election Day. Following the hearing, the Board completes a final review and adopts the 2019 budget.

It has been a busy summer, starting with a successful summer pool season. Numbers were very impressive, with 2,500 people using the pool and 100 children participating in our swim program. Thank you, **Cullen** and **Jaki**, for your excellent work all summer long. At long last, ground was broken on the **Standish Water District** water upgrade. The plan is to be in operation by year end.

Throughout the year, the Board and Supervisor have been working with state and local agencies **pursuing grant funding** for several programs and projects the Town is working on. With thanks to **Assemblyman Billy Jones**, the **Pickett's Corners Park Master Plan Committee** has completed the required documents for a \$125,000.00 grant through New York Dormitory Authority, to continue developing the Pickett's Corners Park Master Plan. We are waiting on the results of our request to **Bridge New York** for funding for **Square Dashnaw Bridge**. We are also waiting on the results of our request for funding for a **Salt Storage Shed**. Thank you to **Laura Lacey Curler of Rural Preservation Company (RPC)** for taking the lead on securing a grant for low income homeowner repairs/improvement.

As the residents of **Cold Brook Road** in Riverview know, **New York State Department of Transportation** has closed the steel deck bridge over Cold Brook, near the corner of River Road and Cold Brook Road. This has required those living along Cold Brook Road to detour 12 miles up Cold Brook Road, across the Standish

Road to True Brook Road, to get back to Route 3. The **County Highway Department** is in the process of replacing a Bridge on Standish Road in High Banks. The only good news is the County Highway should be done by the end of October, weather permitting. **Cold Brook Bridge** is scheduled to be replaced next spring.

Finally, I want to thank all of our hard-working Town employees who are the backbone of our Town Government; those who, day in and day out, do what needs doing. Thank you all for your good work. As with any job, we all have our good days and not so good days, but it is the dedication to your work that keeps our roads clear in the winter and repaired in the summer, keep our grass mowed and sports fields ready for play, the pool clean, not to mention grants submitted, water systems tested, payrolls met, bills paid on time, dog licenses issued, and Court fines collected. Thank You, Thank You, Thank You. As always, I am at the office Monday – Friday, 7:00 am until 11:30 am, call 518-293-6666, extension 1, or e-mail supervisor@townofsaranac.com. Enjoy our Adirondack Fall Season.

THE FOPPERT FARM

NEWS FROM THE COURT CLERK

CAROL
PLUMADORE

Court is only held on **Monday evenings**, unless it is a holiday, or staff is out of town. **When Court is closed, there will be a note on the door advising when to return.**

The Court Clerk is **available beginning at 2:00 pm on Monday's** for fine collection and general information.

Court is held from 5:00 - 6:00 pm. We are only there until the court calendar is cleared.

If you need the Court Clerk to call you, please phone **518 - 293 - 8082** and **leave a clear, detailed message.**

• Court Phone

518 - 293 - 8082

• Fax Number

518 - 293 - 7706

• Email

cplumadore@nycourts.gov

Or

cplumadore @
townofsaranac.com

By Emily Foppert
The Foppert Farm

Let Me Introduce Myself
My husband, **John Foppert**, and I met in **North Carolina** while attending college. John decided he wanted to go to a school more focused on **forestry** and transferred to **Paul Smith's College** where, after graduation, he worked locally as a **logger**. I remained behind, where I continued my **degree in Biology** while working on the school farm with pig and cow herds. I then relocated to the Adirondacks to join John and worked as a **North Country School Farm Intern** for one year.

Former Durocher Farm

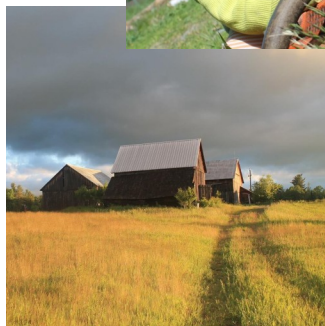
After a few more years of living in the area and traveling about, we eventually found our current farm, thanks to **Joe Orefice**, the **former Durocher farm**, 30 open acres and 260 wooded acres. We are a **pasture-based farm**. All our animals are out on grass and rotated to fresh ground, as needed. We try our best to give our laying hens and pigs **alternatives to conventional feeds**, such as wild apples and discarded produce.

Misfit Herd of Cattle and More

We, along with our two boys **Edwin** (now 6) and **Seth** (now 4) moved to **Durocher Road** in **June 2015** and immediately planted an **orchard**, bought **pigs** and **chickens** and started **cutting wood**. We now have a third child, **Anna** (18 months), and a small herd of **misfit cattle**, a **batch of pigs**, **laying hens** and **ducks**, as well as many frozen **meat chickens**.

The Foppert Farm

We sell meat by the whole, half, and quarter. We love having **visitors** come to see us at the end of our dead end road. The best way to reach us is by phone at **518-293-7297** or through our **Facebook Page, The Foppert Farm**. Please contact us for prices. We hope to hear from you soon!



CHAKRADA NCE SUE DELAMARTER

Wednesday's
(when Saranac School
District is in session)
3:45 - 5:15 pm
Saranac Town Hall

Chakradance is **self-healing**, where I facilitate by narrating, through dance, to help you focus on the area and **color of the energy** center we are working on.

Please visit my **Facebook Page Danceintherainhealing**, and check out a video to help you understand Chakradance and keep up-to-date on the class schedule.

We do seated meditation in chairs.

Everyone is welcome! Please contact me at least one day in advance so I have handouts and equipment for all attendees.

518 - 897 - 6148

danceintherainhealing@
gmail.com

SARANAC GENEROSITY GROUP

Cheryl Wiley
Saranac, Dannemora,
Redford, Cadyville

A place where
residents can give
and receive.

Find us on Facebook

NEWS FROM SARANAC HOLLOW JAMMERS

Every Tuesday Night
Saranac Town Hall,
Route 3

Covered Dish Dinner
Begins at 6:00 pm

Music and Dancing
7:00 - 9:00 pm

Admission?

A non-perishable food item
donated to your local
Saranac Food Pantry

New People Are Welcome!

Patricia Wolf
518- 293-7106
Cletus Heywood
518-563-1008

SARANAC VALLEY HOUSING

56 McCutcheon Lane

518 - 293 - 8518

Karen Racette,
Site Manager

New Website:
svh@clintonrpc.org

HILL AND HOLLOW MUSIC UPCOMING EVENTS

NEW YORK POLYPHONY

Sunday, October 28

3:00 pm

Church of the Assumption in Redford
(78 Clinton Street, Redford, NY 12978)

Praised for a “rich, natural sound that’s larger and more complex than the sum of its parts,” (*National Public Radio*) New York Polyphony is one of the foremost **vocal chamber ensembles** active today. The **four men**, “singers of superb musicianship and vocal allure,” (*The New Yorker*) give vibrant, modern voice to repertoire ranging from **Gregorian chant** to cutting-edge compositions. “It was extraordinary how the past and present blurred. The new sounded old, and the old sounded strikingly fresh and immediate” (*The Denver Post*). Their dedication to innovative programming, as well as a focus on rare and rediscovered **Renaissance and medieval works**, has not only earned New York Polyphony two GRAMMY nominations and wide acclaim, but also helped to move early music into the classical mainstream. Program TBA. Suggested donation \$15 at the door.



Arturo Delmoni, violin
with Li-Pi Hsieh, piano
Sunday, November 18
3:00 pm

**Saranac Methodist Church on Route 3
in Saranac, NY**

One of the most **celebrated violinists** of his generation, whose stylish, elegant interpretations of classical masterpieces have earned him critical acclaim in the US and abroad, Delmoni’s distinctive playing embodies the romantic warmth that was the special province of the great virtuosi of the golden age of violin playing. **Glenn Dicterow**, long time concertmaster of the NY Philharmonic, says, “Delmoni’s playing **goes right to the heart**, and his charisma is irresistible.” He has been soloist with major orchestras throughout the country including those of St. Louis, Dallas, Los Angeles, and Kansas City, and is a frequent soloist in Boston with the Boston Pops, the Pro Arte Chamber Orchestra, and the Boston Philharmonic. After a recent performance of the Beethoven Concerto a critic wrote, “In this day of cookie-cutter playing – all flash but little substance – Delmoni’s performance was **a ray of sunshine** – a personal and beautiful statement, expertly executed, of history’s greatest violin concerto.” He has given recitals throughout the US, as well as Japan and Hong Kong. For three months of the year he holds the distinguished position of concertmaster of the NYC Ballet. His program will include works by Vivaldi, Mozart, Grieg, Kreisler, Wieniawski, and “Hexapoda,” a delightful suite of jazzy pieces by Robert Russell Bennett. Suggested donation \$15 at the door.

FROM YOUR SARANAC DOG CONTROL OFFICER

Mark Plumadore

All DOG CALLS are to go through **Town Voicemail**
518 - 293 - 6666

Extension #8

When leaving a message on the Town Voicemail, please leave your **name, phone number, date, time of call, and a brief message.** I will call back as soon as I get the message.

I do not accept dog calls or act on them if messages are left at my home or cell phone, and please **DO NOT** show up at my house with a dog.

State Law requires all dogs 4 months of age or older **MUST** be licensed in the Town of Saranac with the Town Clerk. Proof of Rabies Vaccination is required to license your dog. Please see our Saranac Town Clerk, Mary Bell.

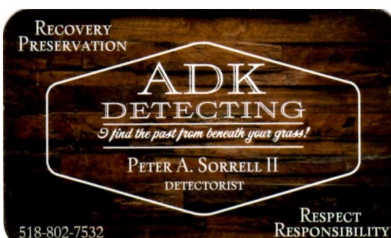
If a dog is taken to **Tri-Lakes Humane Society**, bring proof of an up-to-date Town of Saranac Dog License. You will be required to pay fees to the shelter.

We have a **local law** for dogs, part of which includes a **leash law** and **barking dogs.**

Please be considerate of

By **Jan Couture**
Registered NYS Historian

I had an interesting meeting in June with **Pete Sorrell**. He enjoys finding metal treasures in people's yards! He stopped by with his **metal detector** and **scanned** a good portion of our front and back yards. Pete did not disturb the lawn with holes or anything that left a mark. You could never tell someone had been doing some digging around. Besides



looking for **old metal objects**, he can also locate anything containing metal, such as **wells** and **pipes**. You can also ask him to help locate that ring you lost in the grass last week.

In August, I presented the **Lincoln's Avengers** program to the residents of **Lake Forest**. People are eager to

learn the '**rest of the story**' about the men who captured **John Wilkes Booth**. In that same vein, I spent an enjoyable day with the **descendants of Louis Savage**. Louis Savage led a rather tragic life before, during, and after the Civil War. He was widowed at died in his 40's and left at least 4 children all under 10.



Respected member of the Clinton County Historical Association and EARTH Metal Detecting Club of CNY. I am also the current Altona Town Historian. Call me to help find any metal items like jewelry, property stakes, or septic tanks!

NEW EMERGENCY HOME REPAIR FUND

By **Laura Lacey Curler**
Executive Director
Rural Preservation Company
Karen Racette
Site Manager
Saranac Valley Housing

Funding Applications

We have been busy working on the **Town of Saranac Community Development Block Grant (CDBG)**, armed with information **Supervisor Nick Carter** and I gained from an **exit conference with NYS** to improve this year's application. **Jenny** has been contacting last year's applicants to qualify them for this year's application. Other funding applications we are working on: **Access to Home** for accessibility issues and another **(Residential Emergency Services to Offer (Home) Repairs to the Elderly (RESTORE))** application. We continue to take **qualified contractor**

applications for the rehabilitation work we will be performing once any funding is approved.

Emergency Home Repair Fund

RPC has developed an **Emergency Home Repair Fund** to be available to low income households (in our service area) that require an unaffordable, immediate fix to a home issue, such as frozen pipes, plumbing or electrical problems. The monies available will **cap at \$300 per income-eligible household**. This type of funding has proven extremely helpful to other Rural Preservation Companies and homeowners in their service area, especially when there are no grant funds available.

Donations Accepted

As **Christmas season**

approaches, and with it the joy of giving, RPC hopes you will **consider a donation** to the Emergency Home Repair Fund (EHRF). RPC will graciously accept your **tax-deductible** donation of any amount. EHRF is truly a neighbor-helping-neighbor project. The **need for community support is great**. Please contact the office for more information at 48 Ganong Dr., Suite 1, Saranac, NY 12981, by phone at (518) 293-7569, or email laura@clintonrpc.org

Like Us On Facebook

To keep updated on Rural Preservation's upcoming funding applications and the newly formed Emergency Home Repair Funding program, please **like us on our Facebook group page** Rural Preservation Company of Clinton County (RPC). Happy Holidays!

NEWS FROM THE NEW LAND TRUST

www.newlandtrust.org
or follow NLT on Facebook

The New Land Trust, **287 acres** and **over 28 trails** dedicated to developing and sustaining the health of the environment and the enjoyment of the public, is located at
**236 Plumadore Road
Saranac, NY.**

You need not be a member to enjoy a picnic, walk, run, snowshoe, cross country ski, or bird watch. NLT is open from dawn to dusk.

After Dark Policy:

For night visiting or overnight outdoor camping, contact
Hal Moore
518 - 570 - 5375
No camping allowed in the Clubhouse

911 ADDRESS SIGNS

Available from your local
Fire Department

Stop by **Monday evenings**, between **6:00 and 8:00 pm** to complete paperwork

You may also call
518-293-8290
to place an order over the phone

The cost for a sign is **\$15**

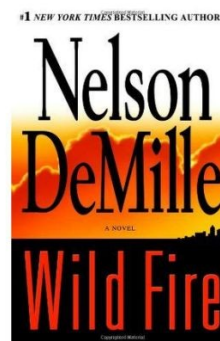
By **Gina Doty**
Saranac Book Club

The **Saranac Book Club** starts its **20th year** of discussing a book a month, from **September 2018 through June 2019.**

Meetings are held at the **Saranac High School Library** the **third Wednesday** of the month from **7: 00 pm - 9:00 pm.**

Our first meeting of the school year will be **Wednesday, September 19th.** We will discuss the book, **Wild Fire**, by Nelson DeMille.

If you would like to join our group, or you have questions, please **contact Gina Doty** at **dotygl@charter.net** or phone **518-293-1355.** We **welcome new members** to our group.



OPEN HOUSE AT RAVENWOOD

By **Nancy Dow**
Town Crier Editor

My husband, **Bruce Kilgore**, and I invite you to our **Fall Open House at Ravenwood.** We built our homestead by means of **cordwood construction**, a wall-building system in which short logs are laid transversely and supported by an insulated mortar matrix where, with end-grain exposed, they “breathe”, greatly reducing deterioration.

If you are able to attend, you will see three cordwood buildings, including our home of **double wall construction** - a thermally-efficient wall system made from interior and exterior walls separated by a fully-insulated cavity, partially **earth-sheltered**, built using **lime putty mortar**, and heated by means of **passive solar windows** and a **masonry stove**,

along with a guest house, and storage building. Our newest building, a sauna and outdoor kitchen, is almost done.

All structures are **timber-framed with living roofs.** We live **off-the-grid** with photovoltaic panels and a 1-kWh wind turbine electric systems. You will also see **humanure toilets**, an **earthen oven**, **tempering tank**, **warming bench**, **plunge pool**, **chopsaw**, and more!

Where: 442 Nashville Road
Saranac, NY 12981

When: Saturday, October 6
10:00 am - 6:00 pm

Leave one to two hours for a complete guided tour. Call **518-492-7064** for more information.



**Find us on
Facebook
at
Ravenwood
Cordwood
Homestead**

A huge **“THANK YOU”** from **OREGANO FLATS, WINDY HILL FARM, STALEY’S MAPLE, AND TROMBLEY’S CUSTOM WOOD PRODUCTS** to everyone who came out to support the Saranac Green Market this year!

STONE WALLS: A SIGNATURE OF RURAL NEW YORK

By Nancy Dow
Town Crier Editor

New England's Famous Stone Walls

According to **Robert Thorson**, author of *Stone by Stone*, during the earliest years on farmsteads, stone was often heaped into piles, dumped in swamps, or stacked on ledges. Most of the stones moved were '**two-handers**', meaning both hands were required to lift them. '**One-handers**' were usually ignored because they didn't interfere with the manually operated technology of the day (scythes, shovels, forks). In addition, conventional wisdom held that small stones helped make soil more fertile. **Stone piles** in the middle of pastures and fields were common the first few decades of farming; many still exist in the woods. After a generation or two, the **edges of fields** became the dumping ground of choice because the swath of land on either side of the fence had already been taken out of production.

At first, the stone was merely dumped in the weedy corridor. Eventually, so much stone accumulated that it was best managed by stacking it crudely, in order to conserve field space. This is often called a **tossed wall**, in contrast to one that was **fitted together, or laid**. As they lengthened, individual segments of tossed wall would merge, until entire fields were enclosed by a rough rim of stone.

Dry Wall as an Art

If you travel the **Nashville Road** in Saranac, from Chazy Lake Road to Picketts Corners Road, near a well-known "**S**" curve you will happen upon numerous stone wall statuary, deliberately designed and constructed. The architect, **Agnes Hildebrandt Cornelius**, refers to her method of building as "**folding**", placing round stones in the middle and flat outside, one over two – two over one, without the benefit of mortar.

Moved to Saranac at age 17

In **1969**, as a teenager, Agnes and her family moved from California to relocate in Saranac. Her father, **Walter Hildebrandt**, served twenty years in the **United States Marine Corps** and, upon retiring, purchased the Nashville Road thirty-acre homestead, first owned and built by **Mathew Ryan** in **1864**, and began work at the **Plattsburgh Air Force Base** in Supply Surplus. Agnes married **Gary Cornelius** and they raised their three daughters while serving in the **United States Navy**. In **1992**, Gary retired and they returned to the

area, living in **Dannemora** and later moving into her childhood home as her parents were aging. Agnes, referred to as **Minga** to her grandchildren, recently retired from a career as a **Pediatric Nurse**, giving her all the more time to focus on her passions.

Original Statuary

Agnes says much of her farmstead once consisted of wheat fields; among them was found a **large circle of stone**, approximately eight feet in height and twenty feet in diameter, along with extensive walls, up to sixteen-feet wide. In **1987**, Agnes began her passion of working with stone by rebuilding the existing stone walls.

In **1997**, Agnes turned her attention to the front part of her property to build her first stone statuary, a tribute to **Mother Theresa**. Using nothing more than a **fifteen-pound pinch bar** and her own human power, Agnes filled buckets with stones from the stone circle, carrying them to the area along the roadside and started construction.

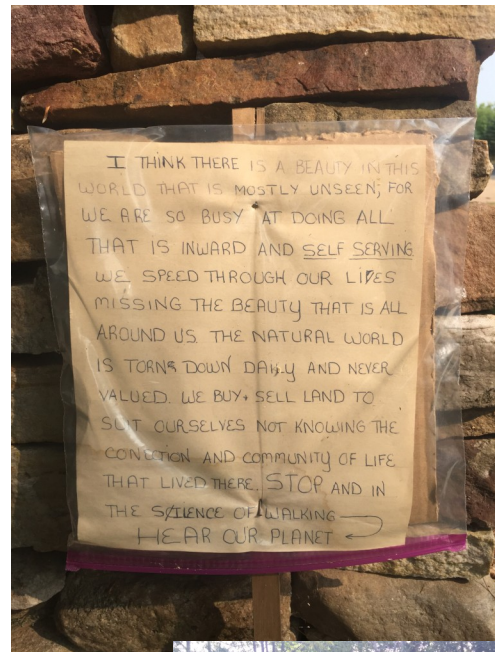
In **2000**, Agnes built a long wall, parallel to the road, for her mother, **Virginia**. She later busted it up and began sections that are present today. When she depleted her stone circle, the **Wright family** gave her permission to use stones from a stone circle located beyond her back property line.

As a side note, if you have hiked the New Land Trust and discovered the **Hobbit House**, it is very similar to what Agnes describes as the stone circle on her property.

A Jigsaw Puzzle

Mother Nature, in the form of Hurricane Floyd in **1998**, Hurricane Irene in **2011**, and **frost heaves** upset her walls, but this doesn't trouble Agnes. She thinks of this as a **natural progression** in her stone jigsaw puzzles: erect a statuary, observe how it moves and changes over time, and when it falls apart, tear it down and start again. When asked if this is hard on her back, Agnes replies, "No, but I've had to replace both of my knees!" Agnes suggests **beginners** shouldn't look at the project all at once – just look at one stone at a time. The hardest part, according to Agnes, is the bottom. She explains, "You must go down before you go up; otherwise, the wall falls down. The "big guys" form the base, and stones get smaller as you build up. I call them "chinkers" because of the sound they make when being placed." Her newest project is underway using a recycled refrigerator to form a grotto.

STATUARIES



FORMING THE BASE



BEFORE AND AFTER



NEWEST PROJECT

MOUNTAIN LIONS SNOWMOBILE CLUB

Monthly Meetings are
the first Thursday of the
month, 7:00 - 8:30 pm

Saranac Town Hall

Call Dennis DelGrosso, Club
Secretary
518 - 726 - 6650
For more information

SARANAC COMMUNITY OUTREACH

Cindy Waldron
Outreach Worker

Monday - Friday
8:30 am - 4:00 pm
518 - 293 - 6661 www.jceo.org
SaranacOR@jceo.org

Year-Round Help

Application Assistance
Free Clothing
Food Pantry Baskets *
Medicaid Transportation *
Rural Transportation
(Medical rides for seniors)
Weatherization Applications*
Agency Referrals
* (Income-based)

Thanksgiving Baskets

Accepting applications in
October. Proof of income,
household members and IDs,
and proof of residency is
required.

Volunteers are Welcome
Donations Accepted
All Services are Confidential

Saranac Food Pantry is
maintained by your generous
donations. Thank You!!

By James Waldron
*Saranac Highway
Superintendent*

As summer winds down, we
will be completing various
tasks:

⇒ shoulder work

⇒ mowing road sides
⇒ replacing culverts on the
True Brook Road, once
the detour is over
⇒ doing our fall patching
⇒ screening and putting up
our winter sand

The Highway Department

received our new **RAM 3500
one- ton Crew Cab.**

With fall approaching, it
would be a good time to
make sure your **mailbox is
far enough off the road** so
the plow doesn't hit it if the
vehicle meets another vehicle
while plowing.

LOVE YOUR LOCAL LIBRARY

By Elaine Rice
Dannemora Free Library

Successful Summer Reading Program

Although final numbers are being tabulated,
early counts are impressive for attendance
and total books read at the **Summer
Reading Program** at Dannemora Free
Library.

Regular Monday sessions and repeated
Wednesday sessions for the **Tree House**
summer program averaged eleven young
people per offering.

The final numbers will be announced in the
next issue of the *Town Crier*, as well as on
the library's electronic sign.

The **Storywalk** continued to offer a **Walk-
and-Read** experience. Have you enjoyed the
titles?

Book Club Meets First Tuesday of the Month, 7:00 pm

Little Fires Everywhere by Cynthia Ng is the

book choice for **September's** Book Club
discussion.

The Great Reckoning by Louise Penney will
be discussed on **October 2.**

The Library Book Club meets the **first
Tuesday of each month.** New members or
guests are always welcome!

Presentations for the Third Thursday of the Month, 6:00 pm

Thursday evening **Coffee, Chocolate, and
Chat** offerings for fall and winter are being
planned. If you have an interest in a current
how-to or information presentation, feel free
to stop by the library and ask about it.

In addition, if you have a talent or expertise
you are willing to share, again stop by and
discuss the possibility of offering an evening
chat.

With the new school year under way, please
remember the library's **WiFi** availability, as
well as items which might be helpful at the
maker space.

BROADBAND PROVIDERS

By Nick Carter
Town Supervisor

Follow these steps to find out
either who is designated to
provide service to your
location, or who will be
providing service in the next
few years.

1. First, go to
nysbroadband.ny.gov
2. Once on the **Home Page**,
go to **RESOURCES.**
3. Under **Residential
Broadband Search**,
enter your **address.**
4. A **list of providers** for
your address will be
provided.

At this time, it is **up to you**
to contact the providers for
service.

NEWS FROM TOWN CLERK

MARY BELL

• Notary Public

At no cost, Town residents may get documents notarized.

• Marriage License

Couples planning to marry may contact the Town Clerk to set up an appointment.

• Dog License Renewal

All dog license renewals are mailed at the beginning of each month. Owners have until the end of the month to pay in full. Please return the renewal by mail, or stop by the office during posted hours.

• Hunting/Fishing License

Visit Adirondack Archery to purchase hunting, fishing, and trapping licenses.

• Payment Options

Cash, check, money order, or credit cards, including American Express, Master Card, Visa, Discover, and Debit, are accepted (a small fee will apply)

Office Hours

9:00 am to 12:00 noon

PARK AND POOL GREAT ASSET TO SARANAC

By Tracy Eggleston
Town Board

Greetings Saranac, It is officially Fall in our calendar. The **15th of Redford** has come and gone; Labor Day has come and gone, as well. A new school year has begun.

It has been a busy year. The Town Board would like to share with you what has been happening:

1. We are pleased to tell you the **Highway Department** paved approximately **six miles** of roads this summer. **Highway Superintendent Waldron** exhausted the **Capital Improvement** line in his budget. He has asked us to **fund approximately 1 more mile** of road paving, if time and weather permit. The Town Board has agreed to fund that extra paving as a

way to start catching up on the paving that was not completed the previous two years.

2. The **new 1-Ton** that was ordered has been delivered. We have an October delivery date on the **new plow/dump truck**. This new plow/ dump truck will keep us on our schedule of buying a new plow/dump truck every **three years**.

3. The **Park and Pool** had a great year. Thank you, **Cullen Coryer** and **Jaki Carter**. Use was way up. Our pool and playground is a great asset to the youth of the Town of Saranac. The extremely hot and humid summer saw up to **125 people a day** using the pool. **Fitness in the Park** had another successful summer. **Sports team** registrations are up. The **Kayaking** program

was well-attended; however, there was room for more kids to learn how to safely kayak. The Grant **Assemblyman Billy Jones** secured for the Town is moving forward. It appears, with the help of **Liz Tedford**, we have finished the process of the application and hope to **start building in the spring**. So, keep an eye on our park for **future improvements**.

4. After almost five years, the **Standish water upgrade** is finally under construction. Requirements for the treatment of water have changed since the mid 1980's, when the last upgrade was completed. A **second well** will be drilled for a **back-up water source**. A new **holding tank** will be built, and problem **water delivery pipes** will be replaced, along with other upgrades.

PEACE, HEALTH AND WELLNESS

By Erin Soule Tate
LMT, CIMTI, Reiki Practitioner
BellaSoule Wellness
and Steven Bell

BellaSoule Wellness, providers of **in-home service**, is a **massage therapy health and wellness practice** who works with health-conscious relaxation enthusiasts. We have a deep passion to bring **peace and wellness** to Saranac and the surrounding communities.

With **over 16 years of professional experience**, we create **custom treatments** for each client's individual

healing needs.

We also create **natural body products** and have a host of **spiritual and decorative items** available, as well.

Some of the techniques we offer include:

- ◆ Swedish Massage
- ◆ Deep Tissue Massage
- ◆ Hot Stone Massage
- ◆ Pre/Post Natal Massage
- ◆ Reflexology
- ◆ Spa Body Treatments
- ◆ Reiki
- ◆ Infant Massage
- ◆ Therapy Instruction

You can make **appointments** for **in-home services** the following ways:

Call/text **518-569-7901**

Email:
bellasoulewellness@gmail.com

Message **BellaSoule Wellness** on **Facebook**.

You can find us online at **www.Bellasoulewellness.com**

Follow us on Facebook **www.facebook.com/bellasoulewellness** for updates and monthly or seasonal specials.

DANNEMORA FREE LIBRARY HOURS OF OPERATION

Monday 11:00 - 4:00

Tuesday 2:30 - 8:00

Wednesday 11:00 - 4:00

Thursday 2:30 - 8:00

**FREE WiFi is available
whenever the building
is open.**

SUBMITTING STORIES TO THIS PUBLICATION

If you would like to send a photo, report about issues or events that affect our community, or write a brief article or story to publish in *The Town Crier*, please send your material to:
ndow4934@yahoo.com

UPDATING OUR MAILING LIST

If your name or address needs to be corrected or you know of a neighbor or friend who did not receive a copy and would like to be added to the mailing list, please write to:

**Nick Carter, Supervisor
P.O. Box 147
Saranac, NY 12981**

HANDS-ON WORKSHOP

Saturday, October 20, 2018

**Tool Care and Hands-on
Sharpening**

Jolene Wallace
*Consumer Horticulture
Program Educator
CCE Clinton County*

After a season of use, our
gardening **tools** need some

tender loving care. Many can
use sharpening so they are
ready to go next spring. This
hands-on workshop will
teach you the **best practices**
to extend the life of your
tools.

Bring a set of pruners for
sharpening during the
workshop (one per person
please).

Class will be held from **10:00
to Noon** at the **Extension
Office**, 6064 State Route 22,
Suite 5, in Plattsburgh.
Fee **\$5.00**, Pre-registration
Required

Register for the workshop
by calling **518 561-7450**
or email **JoleneWallace**
at **jmw442@cornell.edu**

WHAT-KULTUR? HUGELKULTUR!

By Bea Ultee
*Master Gardener Volunteer
Clinton County*

You've probably heard of
permaculture, a way to utilize
self-sufficient and sustainable
agricultural practices. But are
you familiar with
hugelkultur? Pronounced
"hoo-gull-culture, in German
it means "mound culture",
and it's an ancient practice of
covering wood with soil to
create raised beds. If you're
like me, and you have some
downed trees or a pile of
brush that you'd like to do
something ecologically-
prudent with, it's an excellent
way to turn that wood into a
fertile, raised garden bed.

What you may not know is
that buried wood acts like a
sponge for gathering
nutrients and water for later
use. As wood decomposes, it
calls in help from beneficial
fungi and insects, who turn
your wood into a self-
watering bed filled with
incredibly fertile soil.

Hugelkultur imitates what
happens in the forest.
Because of the time it takes
for wood to decompose,
hugelkultur involves a little
waiting and patience. If you
are using newly-cut larger

logs and making a really tall
pile, it may be three years
before decomposition is far
enough along for you to plant
your bed. But if you're using
smaller brush, you could be
planting in it by next spring.
In the meantime, if there's a
wet spot in your yard, you'll
be giving that water
something to do, besides
grow mosquitoes!

Here's how: Find the perfect
spot in your yard for a 3' x 6'
raised bed, taking into
consideration whether you
will be growing sun-loving
plants or shade-loving ones.
Get your logs, broken or
pruned branches, and wood
chunks and start piling them
up, larger logs and chunks on
the bottom, adding smaller
and smaller pieces as you go
up, until all of your logs and
wood debris are in a nice neat
pile. Next, examine your
hugel for nooks and crannies.
Start filling them in with
leaves, compost, manure, and
soil. When you finish filling
in, cover that pile with a
couple of inches of soil,
followed by a top layer of
straw-not hay, which has a lot
of seeds that can sprout. If
your mound is really tall
(some may be 5' to 6' tall),
you'll probably need to throw
a couple of branches over the

straw, to hold it down.

A second option in
hugelkultur is to put in a
sunken bed. Simply dig your
site down 1' to 2', then follow
the same process described
above. You'll have some soil
to put over your pile and it
only cost you a bit of labor!
A sunken hugelkultur will
gather a lot more water and is
very helpful in preventing
erosion, so think about it on a
hillside that might be
compromised by a heavy
rain.

Because your bed will be
"working" for the first
months of its existence, it's a
great idea to plant a cover
crop on it to help hold things
in place, and to add nutrients
to your soil. Next Spring, dig
that cover crop right into the
bed. It's said that berries love
to grow in a sunny
hugelkultur, but you can
plant anything you'd like,
from vegetables to
perennials, annuals to herbs.
A hugelkultur will, of course,
shrink in size by about 1/3, as
decomposition takes place,
leaving behind a fertile,
natural soil. So, instead of
hauling that brush pile to the
landfill, consider making a
hugelkultur.

**See Picture Page 11*

MARK YOUR CALENDAR: TOWN BOARD MEETINGS

Meetings at the Town Hall begin at 7:00 pm and are open to the public.

Monday, October 22

Monday, November 26

Monday, December 17

COLUMBUS DAY

Monday, October 8

HALLOWEEN

Wednesday, October 31

STANDARD TIME RESUMES

Monday, November 4

ELECTION DAY

Tuesday, November 6

VETERAN'S DAY

Sunday, November 11

THANKSGIVING

Thursday, November 22

FIRST DAY OF HANUKKAH

Monday, December 3

FIRST DAY OF WINTER

Friday, December 21

CHRISTMAS

Tuesday, December 25

WARM DAYS, COOL NIGHTS.... FALL IS HERE!

**By Jaki Carter and
Cullen Coryer**
The Rec Team

With summer behind us, there are a lot of great things that happened in our town that deserve mentioning. The pool served ~ **2,500 people** over the course of the summer. Swimming lessons served over **100 kids** and our new WSI, **Angelique**, did a great job in her first year of instructing.

Yoga in the Park was amazing. Kiddos **hip-hopped** and **karate-chopped** their way to **Fitness in the Park**. Our tiny humans **kayaked** the waters of the Saranac River, learning how to maneuver and paddle their boats.

Baseball and **Softball**, along with **T-Ball**, had amazing weather and great seasons. The **Youth Commission** was awarded a grant from **Wal-Mart** to replace some of

our baseball and softball equipment. **Soccer** season also has come and gone, with games wrapping up by the second week of October. Time sure flies when you are having fun!

Basketball signups are available online and will be available **until NOVEMBER 14**. Check out townofsaranac.com for all your registration needs.

We would like to take the time to recognize those who give themselves, their time, and their experience to coach our kids. None of this happens without YOU!

Baseball:
Matt Yanulavich, Jeremy Goff, David Davidson, Jamie Gilmore

Softball:
Joe Liberty, Nicole Davis, Shannon Wood, Amber Liberty

T-Ball:
Jim Medeiros, John Foppert, Mary Sexton

Bantam Soccer:
Jana Wynn, Scott Petrashune, Cody Webster

Peewee Soccer:
Hannah Newgarden, Alivia Waldron, Rob Brown, Jamie Gilmore

Mites Soccer:
Crystal Wilson, Wendy Rascoe, Amber Liberty, John Foppert

Mini Mites:
Amy Wood, Jennifer Perry

We thank you for the opportunity to do what we love: help our kids and our community to be active and involved.

As always, if you have ideas for programs or creative ways to make things happen, please contact us.



**raised garden bed hugelkultur after one
month**

TOWN OF SARANAC
NYS Rt. 3 - P.O. Box 147
Saranac, NY 12981

PRESORTED
STANDARD
U.S. POSTAGE
PAID
PLATTSBURGH, NY
PERMIT NO.173

Page 12

PICKLEBALL PROGRAM KEEPS GROWING

FREE ADULT PICKLEBALL

Dannemora Village Office Gymnasium

Times of Play:

Monday 4:00 pm - 6:00 pm
Tuesday 11:00 am - 2:00 pm
Thursday 11:00 am - 2:00 pm
Friday 4:00 pm - 6:00 pm

Paddles and balls are provided.

